# COTS 2021 Impact

Ending Homelessness in the Fox Valley

### **Building Stable Foundations**

COTS has served as the stable foundation for our community's struggling neighbors experiencing homelessness for more than 20 years. We are proud to continue serving our local community members by helping them navigate their journey toward self-sufficiency and independence.

Even with the ongoing uncertainty of the pandemic in 2021, when many support services were virtual, COTS increased onsite life skills classes for residents. Staff nurtured strong partnerships with landlords to secure independent living for residents amid the local affordable housing crisis. Applications for young adults were higher than ever before, focusing case management efforts to ensure graduation from high school. And we welcomed the highest number of local veterans that COTS has historically seen.

Despite these unique new barriers, increasing applications, and growing waitlists, COTS programming is averaging higher than projected success in 2021. Although we cannot predict the fallout from the tumultuous pandemic, COTS will continue to innovate, serve, and advocate.

Thank you for being on this journey with COTS and our residents. *Together*, we can continue to build a stable foundation alongside our vulnerable neighbors.

In shared commitment,

Cindy Sahotsky
Executive Director

Candice Lane
Deputy Director

## **COTS Story**

1998: COTS Founded Men's Program by Reverend Orville Janssen

2005: Single Women's Program

2010:

Single Mothers with Young Children promoting steps toward reunification of families

2012: Added Young Adult (ages 18 - 24) Program & Formal Aftercare

**Program** 

2014:

Veterans & Young Adult program merge to same building -819 S. West Ave.

2016:

Opened onsite primary & behavioral health clinic, collaborating with Partnership Community Health Center

2017:

Expanded Positive
Placement
(Aftercare) Program
to 3 years of
support to decrease
reoccurrence rates

2018:

Monroe House

established

## COTS Mission Ending Homelessness

Ending Homelessness in the Fox Valley

2020:

Oshkosh COTS campus established serving single women

# Resident Programs: A Holistic Approach

COTS provides transitional shelter to over 50 individuals daily with holistic programming serving single men, women, young adults, and veterans.

We are the bridge from crisis care to permanent independent living.



#### **Education & Employment:**

- Obtaining & maintaining employment
- Money Management & Financial Literacy onsite
- Connection to higher education
- Residents keep a "rule of 40" hours/week of meaningful activity

#### **Housing Stability:**

- Safe, stable shelter for up to 2 years at COTS
- Rent Smart renter's education to build independence
- Food, personal hygiene & household products provided

## 92%

#### **COTS** residents

are employed or have stable income

#### 2500+ hours

in classes focused on living skills, financial literacy, budgeting, & renter's education

# Resident Programs: A Holistic Approach

Individuals who struggle with homelessness in the Fox Valley experience complex barriers to independence, such as mental health concerns, substance use disorder, social isolation, and untreated physical health conditions.

Residents work hard every day toward their goals.

#### **Social Connections:**

- Community building within COTS shelters
- AODA support services & recovery community building
- Reunification with family
- Church and spirituality connections

#### Well-Being:

- Collaborative onsite clinic with Partnership Community Health Center
- Assist with obtaining health insurance
- Establish primary care with medical, dental,
   & behavioral services



volunteering & giving back to our community



#### **75% Residents**

use our on-site
Partnership Community
Health Center clinic
for their well-being

#### **Positive Placement Program**

COTS Positive Placement Program prevents future incidents of homelessness for residents who leave COTS and move into their own independent housing. For three years we offer support and assistance so they stay in stable housing and remain employed. Our Positive Placement Program helps prevent those we serve from experiencing homelessness again.

COTS is one of the few programs nationwide providing up to three years of follow-up.

90%

of individuals remain in safe, stable, & independent housing I owe a lot to COTS. I'll be forever grateful. Thank you so much.

118 individuals enrolled in the

individuals enrolled in the Positive Placement Program during 2021 I built a savings account & I love my job. I'm

always thankful!

- Former COTS shelter residents living independently

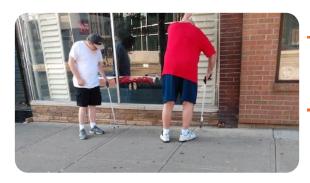
#### **Thank You!**

Your financial and volunteer support helps drive the success of COTS residents on their path to self-sufficient, independent living. Thank you for helping COTS provide a safe and stable environment offering opportunities for lasting, positive change. *Together*, we can end the cycle of homelessness in the Fox Valley.



You in

You inspired me to believe in myself.



66

I know I need help. I don't want to let my kids down any more.



- COTS shelter residents

#### **COTS Board of Directors**

- n Patti Jorgensen, President
- name Dan Lightfuss, Treasurer
- John Schmidt
- Patty DeGoey
- Judge Greg Gill, Jr.

- Ryan Peterson
- Kristene Stacker
- Andrew Schmidt
- Emily Hartfield
- Joe Wilz

#### **COTS Staff**

- Cindy Sahotksy, Executive Director
- Candice Lane, Deputy Director
- n Roberta Sorenson, Program Service Director
- Kate Stel, Development Director
- Kayleigh Pingel, Women's Program Service Coordinator
- n Mariana Vargas, Men's Program Service Coordinator
- n Jason Johnson, Accountant