



# Campus of Change

## Summer 2016

*Ending homelessness in the Fox Valley*

## Campus of Change

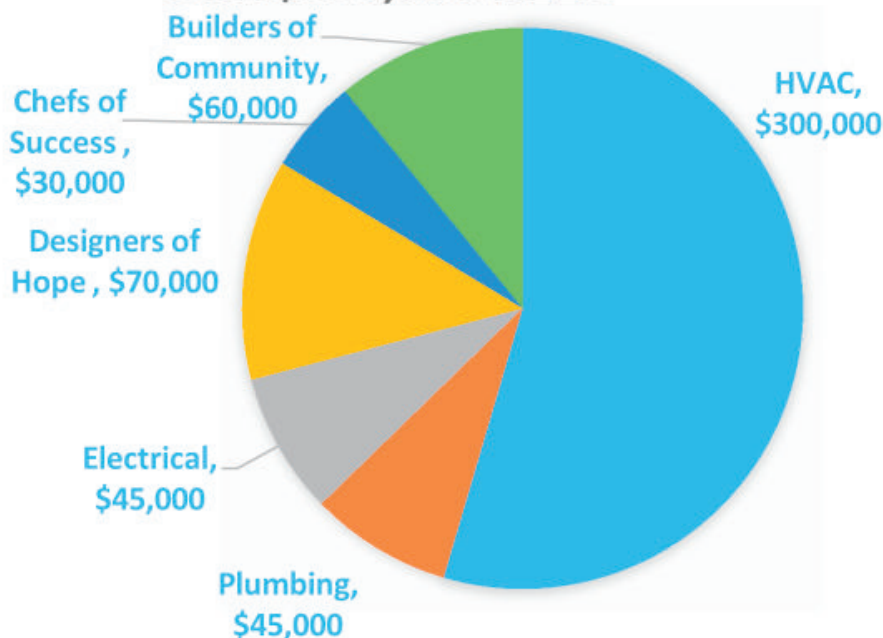
*Campaign Transforms COTS into a Home*



Each year, over 130 individuals experiencing homelessness come through COTS' doors seeking to change the circumstances that bring them to us. For up to two years, we provide individuals with a safe, affordable place to live, food, household needs and basic life skills training, with the end goal of self-sufficiency.

On May 5, 2016, we hosted key partners to show our need to transform our facilities into a place of healing and new beginnings. Our facilities are still the original construction from over 55 years ago. Our campaign helps our facilities become "home" for our residents who are working toward self-sufficiency. Facility renovations and improvements (see chart) planned over the next two years include sweat equity of our residents.

### OUR \$550,000 NEED



Residents are hard at work in our buildings and gain pride as they participate in being part of their own solution. Improvements of our

## Campus of Change Needs

- NEW Twin Sheet Sets
- NEW Pillows
- NEW Bathroom Towel Sets (bath towel, hand towel & washcloth)
- NEW twin comforters (solid colors)
- Meal for approximately 20 individuals (for details call 920-734-3609 ext. 404)
- Room sponsors (see page 2 for more details)

Complete wish list can be found at [appletoncots.org](http://appletoncots.org).

*All donations can be dropped off at our main office: 819 S. West Avenue, Appleton, WI, 54915. Drop Off Hours: Monday-Friday, 8:30am - 4:30pm.*

*Call 920-734-3609 (ext. 404) to make other arrangements.*



Check out our new website designed by our stellar friends at Stellar Blue Technologies!  
[www.appletoncots.org](http://www.appletoncots.org)



## Directory

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## Contact Information

(920) 734-3609  
P. O. Box 1645  
Appleton, WI 54912  
[www.appletoncots.org](http://www.appletoncots.org)



[facebook.com/COTSInc](https://facebook.com/COTSInc)

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daily maintenance issues allow us to focus time and energy on the physical, mental and emotional health of the people who live at COTS.

Thank you to the individuals, corporations, and foundations already supporting our campaign, including:

- *U.S. Venture/Schmidt Family Foundation*
- *J. J. Keller Foundation*

and the following funds within the Community Foundation for the Fox Valley Region:

- *Fox Cities Stadium Charitable Fund*
- *Capital Credit Union Charitable Giving Fund*
- *Water-Right Charitable Fund*

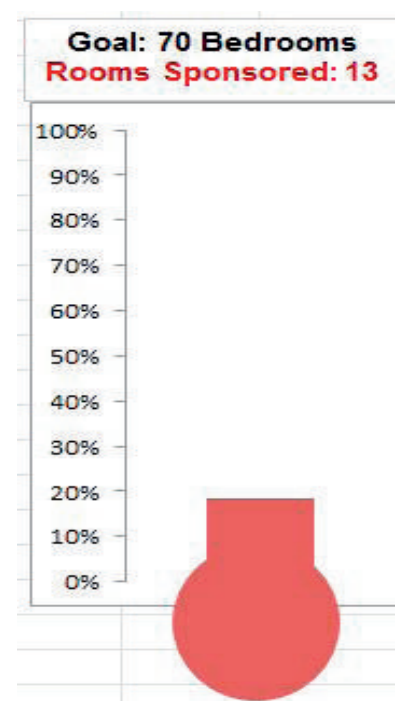
To support our Campus of Change Campaign, visit our website.



## Designers of Hope

Donating at the \$1,000 “Designers of Hope” level in our Campus of Change Campaign gives the gift of a room for a person in need to begin their journey to self-sufficiency. You can transform a person’s bedroom into a place of inspiration. You or a team of friends can either sponsor or design and sponsor a room. Designers will choose color schemes, furniture, etc.

For info contact Lindsey Dalton at [ldalton@appletoncots.org](mailto:ldalton@appletoncots.org) or 920-734-3609 ext. 404.



## Program Promotes Healthy Living

Forty-eight-year-old Jake has struggled with bipolar disorder and anxiety for much of his life. When his father passed away, alcohol became his coping mechanism. Due to Jake's heavy drinking habits, he lost his job of seven years, which later led to the loss of his apartment.

When Jake heard about COTS' program, he decided to change his entire lifestyle. He removed himself from his circle of "using" friends and moved to a community

**Coming to COTS is  
"one of the greatest  
decisions [he's] ever  
made."**



that allows him to "stay sober and get back on [his] feet."

Jake received his first physical exam in over 20 years at our Partnership Community Health Center health clinic. He is taking his meds as prescribed and is trying to lose weight. Now in a structured environment, Jake's focus is on saving money to move into his own apartment. He budgets his social security and works at Riverview Gardens to build up his savings. Coming to COTS is "one of the greatest decisions [he's] ever made."

## Fox Valley Technical College Strengthens COTS



*Donor wall on men's campus*

Fox Valley Technical College (FVTC) performs outreach at COTS in many ways. Here are two examples:

Many of our residents are unemployed or stuck in low-paying jobs due to their lack of education. For a few hours each week, Outreach Coordinator Kelly Kohl from FVTC comes to COTS to work with residents who are interested in furthering their education. She assists with overcoming the anxiety of the next steps into education.

**8 residents enrolled  
in 2016!**

Each school year, student groups at FVTC complete a volunteer project in our community. Thanks to FVTC's Fab Lab Club, in collaboration with the Welding and Auto Collision & Repair Clubs, we now have a donor wall recognizing our donors! The colored house design aligns with our mission of ending homelessness in the Fox Valley. Thank you FVTC!



P.O. Box 1645  
Appleton, WI 54912

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## Partnership Community Health Clic Opens at COTS

*Located at 913 S. West Avenue in Appleton*

As an active participant of the Poverty Outcomes and Improvement Network Team (POINT), COTS is coordinating services with Partnership Community Health Center (PCHC) to meet the needs of the people we serve where they live. On Thursday, May 5, 2016, PCHC opened a full-service clinic on our men's campus at 913 S. West Avenue, Appleton. The new clinic provides low-cost primary care to COTS' residents and other Appleton community members who are medically underserved and low-income.



Many residents at COTS lack basic health care knowledge and do not understand appropriate use of emergency services. This clinic offers an opportunity to instill long term behavior change regarding medical needs and medical self-management for long term illnesses.

*Thank you to our many supporters who made this clinic possible, including J. J. Keller Foundation, J. J. Keller Give Camp and Faith Technologies.*

*"If you just stick with it, the opportunities are endless. I'm happier, I'm more useful to society. And I smile a lot."*

*-COTS Resident*

